


Teacher's Profile

PERSONAL PROFILE

Name	Dr. Ruchika Jamre	
Father's Name	Shri Devisingh Jamre	
Date of Birth	10/01/1995	
Marital Status	Unmarried	
Nationality	Indian	
Designation	Assistant Professor, Department of Roga nidan evum vikruti vigyan	
Teacher Code	AYRN00849	
Registration no.	56779	
Address (Office)	Govt. Autonomous Ashtang Ayurved College, Lokmanya Nagar, Keshar Bag Road, Indore (M.P.) 452009	
Address (Residence)	183, Anubhuti Apartment, Usha nagar, Indore (M.P.)	
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QUALIFICATION

B.A.M.S. - Govt. Autonomous Ashtang Ayurved College & Hospital

M.D. (Ayurved) – Rog nidan Evum vikruti vigyan (Pt. Khushilal Sharma Ayurved College And Hospital, Bhopal (M.P.)

TEACHING EXPERIENCE

S.N.	Date of experiences From - To	Post and teaching subject with Department	Working Institutions
1	01/02/2022-28/10/2024	Lecturer, Rog Nidan evum vikruti vigyan	Rajiv Gandhi Ayurveda college & Hospital Bhopal (M.P.)

3	24/01/2025 - Till date	Lecturer, Rog nidan evum vikruti vigyan	Govt. Autonomous Ashtang Ayurved College, Lokmanya Nagar, Indore
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PUBLISHED RESEARCH PAPERS & ARTICLES

No.	Title	Published in / Presented at
1	AN OBSERVATIONAL CLINICAL APPLICATION ON MARMA AND ITS APPLIED UTILITY IN MARMA THERAPY ACCORDING ACHARYA SUSHRUTA	JETIR JOURNAL/ ISSN NO. – 2349-5162, DEC 2022
2	CASE STUDY- MANAGEMENT OF AAMVAT BY CHAKRADATTA CHIKITSA SUTRA	VIDYASEARCH JOURNAL/ ISSN NO. – 2278-7348, NOV 2024
3	DHATU KSHAYA AND ITS CORRELATION WITH DEGENERATIVE DISEASE	PRESENTED AT INTERNATIONAL CONFERENCE ON AYURVEDA & EXPO , FEB 2026
4	STROTODUSHTI- THE ROOT CAUSE OF CHRONIC DISEASE	IJCRM JOURNAL/ ISSN NO. – 2583-7397, MAR-APR 2026